



Our Whole Lives

LIFESPAN SEXUALITY EDUCATION

**Under Your Wing:
Our Whole Lives Sexuality Education Video Series
for Parents and Caregivers of Young People Ages 9-12**

Images in Popular Culture

Key Messages for Parents and Caregivers:

- Sexuality is ever-present in the media: on television, in books, on the Internet, in video games, and in advertisements. Children between the ages of 9 and 12 have likely been exposed to messages related to sexuality, and possibly even sexually explicit media or pornographic images online, either on purpose or accidentally.
- Children are capable of learning about the differences between media representations of sexuality and sexuality in real life.
- You can help raise your children's awareness of how sexuality is represented and encourage critical thinking about the media they encounter.
- Talk to your children about your own values regarding sexually explicit media, including your approach to movies with specific ratings, limits on media consumption, and how their media consumption will be monitored.

Specific Resources on Images in Popular Culture for Parents and Caregivers:

- The #AskableParent Guide to Porn
<https://amaze.org/parents/guides/porn/>
- Amaze – Having the Talks: Porn
<https://amaze.org/video/having-the-talks-porn/>
- Children and Screens – The Porn Conversation: 12 Tips for Discussing the Dangers of Online Pornography with Kids
<https://www.childrenandscreens.org/learn-explore/research/the-porn-conversation/>

*For more general resources for parents/caregivers on sexuality, see the Resource List on the Under Your Wing Introduction page.