



# Our Whole Lives

**a comprehensive, lifespan sexuality education curriculum  
co-created by the United Church of Christ and the Unitarian Universalist Association**

Available for Grades K-1, Grades 4-6, Grades 7-9, Grades 10-12,  
Young Adults, Adults, and Older Adults.

Our Whole Lives classes at all levels are best when led by trained\* facilitators.

## Program Values

### Elementary Level

Respect  
Relationship  
Responsibility

### Secondary and Adult Levels

Self-Worth  
Sexual Health  
Responsibility  
Justice and Inclusivity

## Learn More

Scan the QR code to visit <https://www.ucc.org/our-whole-lives/>  
where you can

- learn more about Our Whole Lives
- \*register for a facilitator training
- sign up for the quarterly  
Our Whole Lives newsletter

