

### **A Prayer at the Beginning of the Day**

Divine Light of Dawn,

As you give birth to this day and all its possibilities,

Allow our bodies to be revived by your Spirit.

May our aches drift into the wind

And our fatigue soaked up by your strong soil.

We inhale your strength and courage.

We exhale grace and love.

As the sun continue to rise in the Eastern sky

May we see the possibilities of justice in the hours ahead of us.

Allow our senses to absorb the stories of our siblings.

Awaken us to the reality of our neighbors.

Fill our minds with focus and our hearts with compassion.

Amen.

**Prayers for Synod written by Rev. Michelle L. Torigian**