

Sharing Calendar

Both urgency and joy fill the work of One Great Hour of Sharing. The calendar below highlights some of the challenging situations we address when feeding and tending God's sheep in the U. S. and around the world. Each day suggests a donation of coins or bills. Your household can decide what unit is best for your situation each day.

"If we want something to be done we must just do something—one thing, one small thing. The problem is that so few people really believe that small things have any kind of effectiveness at all. And yet what else is there to do? Except, of course, to do nothing—which is the most potent kind of doing that there is, perhaps, and the most limiting of all, because it dooms us to a motionless present. To do nothing is deadly doing." -- Joan Chittister, writer and spiritual thinker

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NUTRITION	Jesus said, "Feed my sheep." Tell of a time when someone showed care for you by giving you food. Give two units in thanksgiving.	One in four children in developing countries is underweight. Give one unit for each pound your weight differs from your ideal.	Demand at food banks across the United States increased by 30% the most recent year for which statistics are available. Give one unit for every five cans of food in your kitchen.	The cost of "a night on the town" for a couple can provide emergency food supplies for a family of five for a month. Give one unit for each "date" or celebratory outing you had last month.	In the U.S. each month, 28 million low income people receive government supplemental nutrition assistance ("food stamps"). Give one unit for each time you ate out last month.	Maternal and child malnutrition cause more than one-third of child deaths. Give one unit for each meal you eat today.	In the United States, 40-50% of all food ready for harvest never gets eaten. Give one unit for each meal you ate today where you did not finish what was on your plate.
HEALTH	Jesus said, "Tend my sheep." Tell of a time when someone cared for you when you were sick. Give two units in thanksgiving.	Close to half of all people in developing countries suffer at any given time from a health problem caused by water and sanitation defects. Give one unit for each faucet in your home.	More than a billion people worldwide do not have access to clean water. Give one unit in thanksgiving for each glass of water you drink today.	More than 2.1 million people die each year from water-borne diseases. Most of them are children. Give one unit for every time you turn on the faucet today.	Between 2000 and 2007, measles deaths dropped 74% worldwide, primarily due to increased vaccination. Give one unit if you have been vaccinated for measles.	Worldwide, 4 million newborns die each year within the first month of their life. Give one unit for each child you consider part of your family and extended family.	Two-thirds of U.S. Americans are overweight, and half of those are considered obese. Give three units as a sign of commitment to help improve U.S. health.
REFUGEES, POVERTY	Jesus said, "Tend my sheep." Tell of a time when someone helped you through a rough time. Give two units in thanksgiving.	Worldwide, 11.4 million people have become refugees—fleeing conflict and persecution by escaping across international boundaries. Give one unit for each year you have lived in your home.	The United States admits approximately 50,000 refugees each year. Give one unit for each person you know who came from another country.	Worldwide, 26 million people are "internally displaced"—fleeing their homes because of conflict and persecution by escaping to another part of their own country. Give one unit for each time you have moved in your life.	2.5 billion people live on less than \$2 per day—less than the cost of many mealtime beverages. Give one unit for each cup of coffee or soda you drink today.	400 million fewer people live in absolute poverty today than in 1990. Give one unit in gratitude for this improvement.	Many poor villages still lack reliable electricity. The United States uses 22% of all electricity consumed in the world. Give one unit for each electrical appliance in your home.
EDUCATION, BASICS	Jesus said, "Tend my sheep." Tell of a time when someone taught you something you have found helpful in life. Give two units in thanksgiving.	Nearly a billion people entered the 21 st century unable to read a book or sign their name. Give one unit for each time you write your name today.	Providing an education to girls and young women is one of the strongest ways to end cyclical poverty. Give one unit in thanksgiving as you name each girl and woman important in your life.	The cost of a video game console can provide a sewing machine and job training so a poor family can start their own business and become self-sufficient. Give one unit for each video game your family owns.	Worldwide, over 100 million elementary school-aged children do not attend school. Give one unit for each year of formal education you have received.	One out of every three urban dwellers lives in slum conditions. Give one unit for each bedroom in your home.	Clean water reduces disease and improves nutrition. 1.6 billion more people can get safe drinking water today than in 1990. Give one unit in gratitude for this improvement.

Sources: Church World Service, United States Department of Agriculture Food and Nutrition Service, United States Department of Health and Human Services, United States Department of Homeland Security, United Nations Children's Fund (UNICEF), United Nations Development Programme (UNDP), Office of the United Nations High Commissioner for Refugees, The Central Intelligence Agency's World Factbook, The World Bank